

Prueba 1
04/05/2024

Masc., 400m Libre

20 - 94 años
Resultados

Clasificación	AN								Tiempo	
20+										
1.	RAMIREZ MORALES, Sergio C.	03	Cn.Faynagua C. Telde						4:42.74	19,00
	100m: 1:04.67 1:04.67	200m: 2:14.42	1:09.75	300m: 3:27.95	1:13.53	400m: 4:42.74	1:14.79			
2.	CABALLERO PEÑATE, Ángel José	01	C.D. Jescagua						6:02.38	16,00
	100m: 1:23.18 1:23.18	200m: 2:56.98	1:33.80	300m: 4:32.09	1:35.11	400m: 6:02.38	1:30.29			
NP	ROSALES DIAZ, Nestor	01	C.D. Solventia						-	
25+										
1.	SUAREZ GARCIA, Adrian	96	C.N. Las Palmas						5:09.91	19,00
	100m: 1:11.60 1:11.60	200m: 2:29.99	1:18.39	300m: 3:50.26	1:20.27	400m: 5:09.91	1:19.65			
30+										
1.	MARTÍNEZ,PELLÓN, Gustavo	93	C.N. Metropole						4:46.18	19,00
	100m: 1:07.61 1:07.61	200m: 2:19.98	1:12.37	300m: 3:32.73	1:12.75	400m: 4:46.18	1:13.45			
2.	RAMIREZ O'SHANAHAM, Leopoldo	91	C.N. Metropole						5:06.13	16,00
	100m: 1:05.64 1:05.64	200m: 2:21.41	1:15.77	300m: 3:44.65	1:23.24	400m: 5:06.13	1:21.48			
3.	RUIZ SOLARTE, Eduardo	90	Universidad De Granada						5:22.87	14,00
	100m: 1:16.08 1:16.08	200m: 2:38.79	1:22.71	300m: 4:02.15	1:23.36	400m: 5:22.87	1:20.72			
4.	RODRIGUEZ GONZALEZ, sergio	94	C.D. Jescagua						7:09.27	13,00
	100m: 1:31.02 1:31.02	200m: 3:19.57	1:48.55	300m: 5:17.42	1:57.85	400m: 7:09.27	1:51.85			
35+										
1.	FERNANDEZ FERNANDEZ, Jose Maria	85	Universidad De Granada						4:24.31	19,00
	100m: 1:02.29 1:02.29	200m: 2:09.31	1:07.02	300m: 3:17.87	1:08.56	400m: 4:24.31	1:06.44			
2.	QUINTANA GARCIA, Daniel	85	C.N. Las Palmas						5:39.11	16,00
	100m: 1:20.24 1:20.24	200m: 2:47.53	1:27.29	300m: 4:15.05	1:27.52	400m: 5:39.11	1:24.06			
3.	POCH BARRERA, Andrés	86	C.N. Aguacan						6:28.61	14,00
	100m: 1:29.91 1:29.91	200m: 3:10.06	1:40.15	300m: 4:52.68	1:42.62	400m: 6:28.61	1:35.93			
40+										
1.	PLATA FERNANDEZ, Joaquin	80	Universidad De Granada						5:57.11	19,00
	100m: 1:20.30 1:20.30	200m: 2:51.89	1:31.59	300m: 4:26.32	1:34.43	400m: 5:57.11	1:30.79			
2.	CHECA MERINO, Pablo	82	C.N. Metropole						6:30.76	16,00
	100m: 1:26.86 1:26.86	200m: 3:04.32	1:37.46	300m: 4:45.47	1:41.15	400m: 6:30.76	1:45.29			

Prueba 1, Masc., 400m Libre

45+

1.	REINO ASCANIO, Abian	77	C.N. Metropole	4:42.97	19,00
	100m: 1:08.15 1:08.15	200m: 2:20.09 1:11.94	300m: 3:32.51 1:12.42	400m: 4:42.97 1:10.46	
2.	ROMERA LOPEZ, David	79	C.N. Aguacan	5:06.09	16,00
	100m: 1:12.58 1:12.58	200m: 2:30.43 1:17.85	300m: 3:48.86 1:18.43	400m: 5:06.09 1:17.23	
3.	PÉREZ GARCÍA, Alejandro	77	C.D. Belen Maria	5:54.00	14,00
	100m: 1:19.10 1:19.10	200m: 2:50.48 1:31.38	300m: 4:24.73 1:34.25	400m: 5:54.00 1:29.27	

50+

1.	GUTIERREZ ASCANIO, Ciro	70	C.N. Metropole	4:51.36	19,00
	100m: 1:10.85 1:10.85	200m: 2:25.44 1:14.59	300m: 3:39.75 1:14.31	400m: 4:51.36 1:11.61	
2.	LOPEZ TREJO RODRIGUEZ, Victor Ma70el		C.N. Las Palmas	5:33.77	16,00
	100m: 1:16.20 1:16.20	200m: 2:40.63 1:24.43	300m: 4:06.32 1:25.69	400m: 5:33.77 1:27.45	
3.	MARTINEZ IBORT, David	71	C.N. Las Palmas	5:42.02	14,00
	100m: 1:15.52 1:15.52	200m: 2:43.07 1:27.55	300m: 4:14.92 1:31.85	400m: 5:42.02 1:27.10	

55+

1.	SANTANA MIRANDA, Antonio Manuel	67	C.N. Metropole	5:31.48	19,00
	100m: 1:14.97 1:14.97	200m: 2:39.69 1:24.72	300m: 4:06.76 1:27.07	400m: 5:31.48 1:24.72	
2.	LUZARDO RODRIGUEZ, Gustavo Adolf	66	C.N. Metropole	5:40.71	16,00
	100m: 1:18.86 1:18.86	200m: 2:45.44 1:26.58	300m: 4:13.77 1:28.33	400m: 5:40.71 1:26.94	
3.	NUEZ SÁNCHEZ, Carlos Luis	69	C.N. Aguacan	5:49.25	14,00
	100m: 1:19.30 1:19.30	200m: 2:46.92 1:27.62	300m: 4:16.66 1:29.74	400m: 5:49.25 1:32.59	
4.	RODRIGUEZ SUAREZ, Juan Pedro	67	C.N. Metropole	5:57.80	13,00
	100m: 1:22.71 1:22.71	200m: 2:52.71 1:30.00	300m: 4:26.12 1:33.41	400m: 5:57.80 1:31.68	

60+

1.	HERNANDEZ BENTO, Enrique Francisc	64	C.D. Belen Maria	5:51.84	19,00
	100m: 1:19.17 1:19.17	200m: 2:48.84 1:29.67	300m: 4:20.75 1:31.91	400m: 5:51.84 1:31.09	

65+

1.	CHRISTIANSEN, Glen Robert	57	C. Tenerife Masters	5:25.27	19,00
	100m: 1:15.93 1:15.93	200m: 2:38.92 1:22.99	300m: 4:02.95 1:24.03	400m: 5:25.27 1:22.32	

70+

1.	ELGUE GRANDI, Juan Carlos	52	C.N. Aguacan	6:12.20	19,00
	100m: 1:16.69 1:16.69	200m: 2:41.26 1:24.57	300m: 4:29.88 1:48.62	400m: 6:12.20 1:42.32	
2.	GARCIA LA ESPADA, Jose	53	C. Tenerife Masters	11:16.04	16,00
	100m: 2:45.07 2:45.07	200m: 5:38.87 2:53.80	300m: 8:31.32 2:52.45	400m: 11:16.04 2:44.72	

Prueba 1, Masc., 400m Libre

75+

1.	RIERA MONTAL, Agustin	49	C. Tenerife Masters	7:00.56	19,00
	100m: 1:36.29 1:36.29	200m: 3:24.09 1:47.80	300m: 5:14.13 1:50.04	400m: 7:00.56 1:46.43	
2.	METZ, Michael Gustav	48	C. Tenerife Masters	7:02.43	16,00
	100m: 1:41.09 1:41.09	200m: 3:28.42 1:47.33	300m: 5:16.46 1:48.04	400m: 7:02.43 1:45.97	

80+

1.	CANALES DE MENDOZA, Joaquin M ^a	40	R.C. Mediterraneo	6:44.71	19,00
	100m: 1:35.24 1:35.24	200m: 3:18.58 1:43.34	300m: 5:02.40 1:43.82	400m: 6:44.71 1:42.31	

Prueba 2
04/05/2024

Fem., 400m Libre

20 - 94 años
Resultados

Clasificación

AN

Tiempo

20+

1.	GUILLEN CARRION, Andrea	00	C.D.N. Playuki	7:16.61	19,00
	100m: 1:39.25 1:39.25	200m: 3:31.95 1:52.70	300m: 5:25.04 1:53.09	400m: 7:16.61 1:51.57	

25+

1.	PERERA SUAREZ, Ylenia	96	C.N. Las Palmas	6:35.33	19,00
	100m: 1:29.83 1:29.83	200m: 3:11.71 1:41.88	300m: 4:55.62 1:43.91	400m: 6:35.33 1:39.71	

30+

1.	GAY PARRAGA, Ana	92	Universidad De Granada	5:45.06	19,00
	100m: 1:18.63 1:18.63	200m: 2:47.86 1:29.23	300m: 4:18.97 1:31.11	400m: 5:45.06 1:26.09	
2.	ZURITA LOZANO, Valle	94	Club Natación Vulcania Master	5:45.34	16,00
	100m: 1:17.86 1:17.86	200m: 2:46.13 1:28.27	300m: 4:17.46 1:31.33	400m: 5:45.34 1:27.88	

35+

1.	HERNANDEZ HERNANDEZ, Elena	89	C.D. Jerez Natacion Master	7:28.39	19,00
	100m: 1:39.27 1:39.27	200m: 3:32.61 1:53.34	300m: 5:32.85 2:00.24	400m: 7:28.39 1:55.54	

40+

1.	GARCIA ALARCOS, Sara	80	Club Natación Vulcania Master	5:46.30	19,00
	100m: 1:20.69 1:20.69	200m: 2:49.27 1:28.58	300m: 4:18.77 1:29.50	400m: 5:46.30 1:27.53	

Prueba 2, Fem., 400m Libre

60+

1. BRANF, Judith Sarah 60 Club Natación Vulcania Master **8:03.52** 19,00
100m: 1:55.67 1:55.67 200m: 3:59.77 2:04.10 300m: 6:03.82 2:04.05 400m: 8:03.52 1:59.70

70+

1. GONZÁLEZ MARTEL, Andrea 51 C.D. Jescagua **12:27.23** 19,00
100m: 2:48.58 2:48.58 200m: 6:03.46 3:14.88 300m: 9:17.83 3:14.37 400m: 12:27.23 3:09.40

80+

1. OJEDA GARCIA, Mª Dolores 42 C.D.N. Playuki **10:40.09** 19,00
100m: 2:31.20 2:31.20 200m: 5:13.87 2:42.67 300m: 7:58.77 2:44.90 400m: 10:40.09 2:41.32

Prueba 3
04/05/2024

Masc., 100m Braza

20 - 94 años
Resultados

Clasificación

AN

Tiempo

20+

1. SANTANA PEREZ, Saul Carmelo 02 C.N. Las Palmas **1:05.99** 19,00
2. MEDINA DEL MORAL, Ignacio 00 C.N. Las Palmas **1:20.15** 16,00
3. PORTALES JULIÀ, Pedro 03 C.D.N. Playuki **1:38.09** 14,00

25+

1. HERNANDEZ ESPAÑA, Javier 95 01170 - C.D. Halegatos **1:08.15** 19,00
2. RODRIGUEZ MARTIN, Eric 98 C. Tenerife Masters **1:12.54** 16,00
Baja SÁNCHEZ ESTUPIÑÁN, Adriano León 96 C.D. Jescagua -

30+

1. DIAZ GARCIA, Pablo Jose 91 C.N. Las Palmas **1:47.49** 19,00

35+

1. HERNANDEZ GONZALEZ, Enrique 89 C.N. Aguacan **1:20.65** 19,00
Baja WINTER MARTIN, Carlos 86 C.N. Metropole -

40+

1. MEDINA PETRINI, Armando 83 C.N. Las Palmas **1:26.81** 19,00
2. CHECA MERINO, Pablo 82 C.N. Metropole **1:34.24** 16,00
3. MOSLER, Roman 81 C.N. Las Palmas **1:36.80** 14,00

Prueba 3, Masc., 100m Braza

45+

1.	TONELLI, Marcello	75	C.N. Metropole	1:15.52	19,00
2.	MARTINEZ SANTOS, Ricardo Jose	76	C.N. Las Palmas	1:20.64	16,00
3.	MORENO YÁÑEZ, Adán	77	C. Tenerife Masters	1:26.61	14,00
4.	PÉREZ GARCÍA, Alejandro	77	C.D. Belen Maria	1:51.80	13,00

50+

1.	DAVARA MENDEZ, Fernando	72	C. Tenerife Masters	1:14.69	19,00
2.	ST. MARY, Francisco	70	C.N. Las Palmas	1:15.65	16,00
3.	MELIAN VILLALOBOS, Jose	73	C.N. Las Palmas	1:25.95	14,00
4.	LOPEZ TREJO RODRIGUEZ, Victor Ma70el		C.N. Las Palmas	1:34.96	13,00
5.	FAJARDO GOMEZ DE SALAZAR, Anto74)		Universidad De Granada	1:55.00	12,00

55+

1.	LEBRANCHU GONZALEZ, David	66	C.N. Martianez Coral Hotels	1:25.50	19,00
2.	OJEDA GONZALEZ-POSADA, Pablo	67	C.N. Metropole	1:31.51	16,00
3.	HENDRIKUS VREEKAMP, Remko	67	C.D.N. Playuki	1:33.44	14,00
4.	SUAREZ RODRIGUEZ, Manuel	66	C.D.N. Playuki	2:08.13	13,00

60+

1.	CARDENES SILVA, Juan Jose	63	C.N. Las Palmas	1:29.31	19,00
2.	HERNANDEZ BENTO, Enrique Francisc64		C.D. Belen Maria	1:39.75	16,00

65+

1.	ILYAEV, Sergey	59	C. Tenerife Masters	1:25.95	19,00
2.	PERERA MOLINERO, Antonio	55	C. Tenerife Masters	1:38.63	16,00

70+

1.	CHECA FAJARDO, Placido	50	C.N. Metropole	2:01.25	19,00
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75+

1.	CRUZ MARQUEZ, Juan Esteban	46	C. Esports Masters	1:36.95	19,00
2.	METZ, Michael Gustav	48	C. Tenerife Masters	2:02.92	16,00

Prueba 4
04/05/2024

Fem., 100m Braza

20 - 94 años
Resultados

Clasificación	AN		Tiempo	
20+				
1. FELIPE RODRIGUEZ, Ylenia Del Carme	01	C.N. Las Palmas	1:38.74	19,00
2. ESPINEL ALEMÁN, Nerea	03	C.D.N. Playuki	1:52.50	16,00
NP GIRALDEZ OSORIO, Marta	00	C.D. Solventia		-
25+				
1. HORTIGÜELA PINTADO, Marta	95	C.N. Las Palmas	1:30.55	19,00
2. GIL HERNANDEZ, Irene M ^a	96	C.D.N. Playuki	1:49.70	16,00
30+				
1. KRASILNIKOVA, Aleksandra	93	Universidad De Granada	1:30.26	19,00
35+				
1. CAMPBELL ZEMIER, Veronica	86	C.N. Las Palmas	1:17.57	19,00
2. SANTANA MARTIN, Ylenia	85	C.N. Las Palmas	1:51.17	16,00
40+				
1. FERNANDEZ BONEL, Carol	82	C.N. Martianez Coral Hotels	1:32.00	19,00
2. FERNANDEZ MEJIAS, Tamara	81	C.D.N. Playuki	1:35.89	16,00
3. SANTANA MEDINA, Mirian	84	C.D.N. Playuki	1:44.54	14,00
45+				
1. CABRERA RUIZ, Luz Marina	75	Club Natación Vulcania Master	1:40.93	19,00
50+				
1. DE NICASSIO RUIZ DE TEMIÑO, Ángel	73	C.N. Aguacan	1:47.04	19,00
2. GUILLEN GARCIA, Maria Delia	71	C.N. Las Palmas	1:57.85	16,00
55+				
1. ALBERICHE RUANO, Maria Del Pino	66	C.N. Metropole	1:35.84	19,00
60+				
1. BRANF, Judith Sarah	60	Club Natación Vulcania Master	2:05.29	19,00
75+				
1. SEGARRA PEÑARROYA, Rosa	49	Club Natación Vulcania Master	1:49.62	19,00

Prueba 5
04/05/2024

Masc., 50m Mariposa

20 - 94 años
Resultados

Clasificación	AN		Tiempo	
20+				
1.	PORTALES JULIÀ, Pedro	03	C.D.N. Playuki	38.52 19,00
25+				
NP	FABREGAS FLORES, Luis	99	C.N. Las Palmas	-
NP	SANTANA LOPEZ, Yoel	96	C.N. Las Palmas	-
Baja	SÁNCHEZ ESTUPIÑÁN, Adriano León	96	C.D. Jescagua	-
Baja	RUIZ SEIJO, Brais	98	Club Natación Vulcania Master	-
30+				
1.	RUIZ SOLARTE, Eduardo	90	Universidad De Granada	33.03 19,00
2.	LOPEZ MENTADO, Marco A.	91	C.N. Metropole	34.00 16,00
3.	RODRIGUEZ GONZALEZ, sergio	94	C.D. Jescagua	39.53 14,00
4.	DIAZ GARCIA, Pablo Jose	91	C.N. Las Palmas	50.17 13,00
NP	MURILLO NOVA, Cédric	94	01170 - C.D. Halegatos	-
NP	ORTIZ HERNANDEZ, Alvaro	92	C.N. Las Palmas	-
NP	GONZALEZ GARCIA, Alvaro	93	C.N. Metropole	-
35+				
NP	REYES SANTANA, Ruben	85	C.N. Aguacan	-
40+				
1.	CABRERA PESTANA, Alejandro	80	C.N. Las Palmas	31.45 19,00
2.	MOSLER, Roman	81	C.N. Las Palmas	41.04 16,00
3.	GUERRA PEREZ, Daniel	82	C.N. Metropole	51.27 14,00
NP	GALVAN MARTIN, Francisco Javier	81	C.D. Solventia	-
NP	ARENCIBIA DE LA CRUZ, Alejandro	81	C.N. Aguacan	-
NP	ROJO ORTEGA, Daniel	80	C.N. Las Palmas	-
45+				
1.	PERAZA MARRERO, Alberto	75	C.N. Metropole	35.60 19,00
NP	HERRERA QUEVEDO, Evaristo	79	C.N. Metropole	-
NP	BERZAL PICAZO, Carlos	75	Cst-Cst Costa Azahar	-
50+				
1.	BERNARDOS CRUZ, Jose	73	C.N. Metropole	35.32 19,00
2.	MARTINEZ IBORT, David	71	C.N. Las Palmas	36.38 16,00
3.	PANAL HERNANDEZ, Juan	70	C.D.N. Playuki	50.09 14,00
NP	ESPINO MORILLAS, Juan Luis	72	C.N. Aguacan	-
Baja	COLINA GIRALDA, Raul	71	C.N. Las Palmas	-

Prueba 5, Masc., 50m Mariposa

55+

1.	PÉREZ CABRERA, Elio	68	C.N. Aguacan	35.33	19,00
2.	NUEZ SÁNCHEZ, Carlos Luis	69	C.N. Aguacan	39.72	16,00
3.	RAMIREZ MARRERO, Javier	67	C.N. Las Palmas	47.31	14,00
NP	NUÑEZ NODA, Bernardo	65	C. Tenerife Masters		-
NP	RODRIGUEZ SUAREZ, Juan Pedro	67	C.N. Metropole		-

60+

NP	HERNANDEZ BENTO, Enrique Francisco	64	C.D. Belen Maria		-
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75+

NP	BREMONT PEREZ, Carlos	47	C. Tenerife Masters		-
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80+

1.	CLARET CIURÓ, Josep	44	Club Nagi	34.51	19,00
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